



Activity Pack



Ramadan is a special month when Muslims
all over the world fast for 30 days.

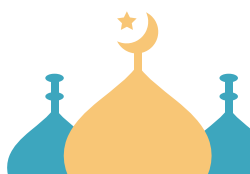


- 1 For how many days do Muslims fast in Ramadan?
Write the number in the box.



- 2 Write the spelling of Ramadan [RAMADAN
one letter in each box].

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Fasting means we don't eat or drink when the sun comes up in the morning (sunrise).

✿ Learn the Suhoor Routine: ✿



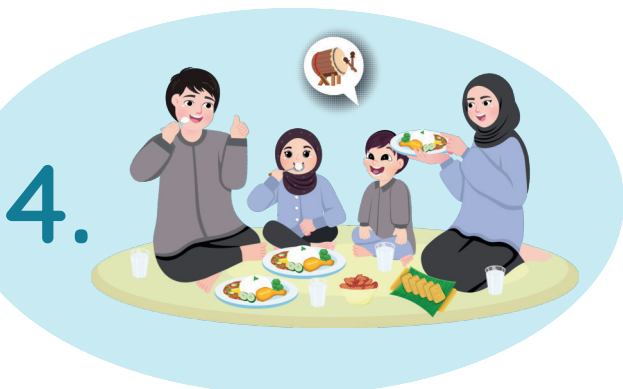
Wakeup



Brush teeth



Wuzu



Suhoor



Fajr prayer

When the sun goes down in the evening, it is sunset. This is the time we break our fast with iftar.

✿ Learn the Iftar Routine: ✿

1.



Handwash

2.



Dua

3.



Iftar

4.



Wudu

5.



Prayer



Before we take the first bite, we say our iftar dua.

اللَّهُمَّ إِنِّي لَكَ صُومْتُ وَبِكَ آمَنْتُ وَعَلَيْكَ تَوَكَّلْتُ وَعَلَى
رِزْقِكَ أَفْطَرْتُ



The Prophet ﷺ broke his fast with dates
and water.

Cut and paste the foods you would like to
eat at iftar today.

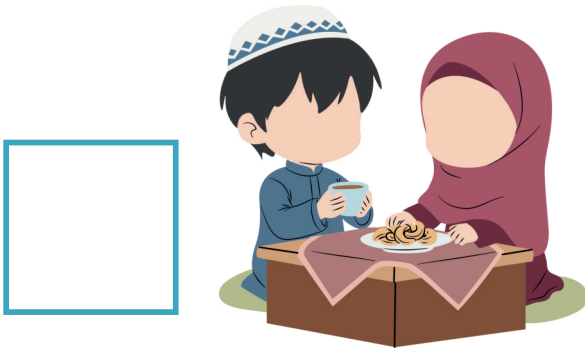


Fasting is not just about food. It teaches us to be kind, gentle and caring.

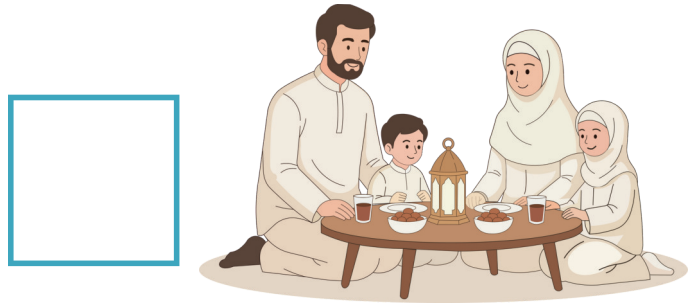


While doing these activities, talk to your child about each picture. Explain what is happening in the scene and help your child pick the correct answer.

1. When we are fasting, we should:

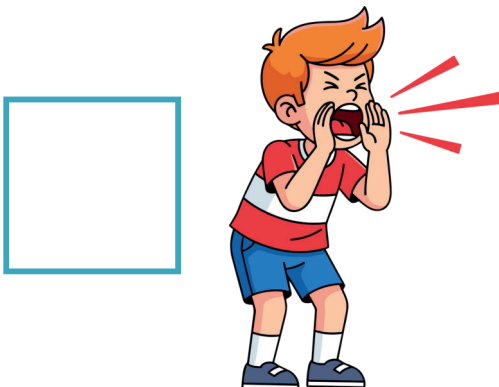


Eat anytime

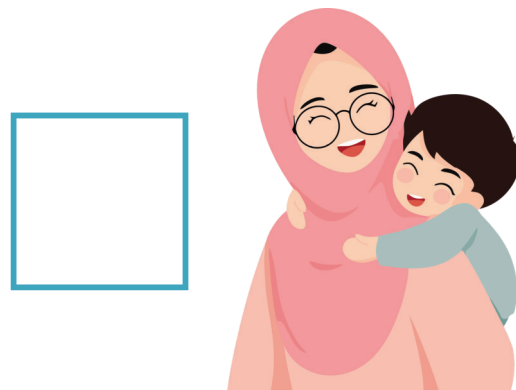


Eat only at iftar

2. When we are fasting and feel hungry we should:

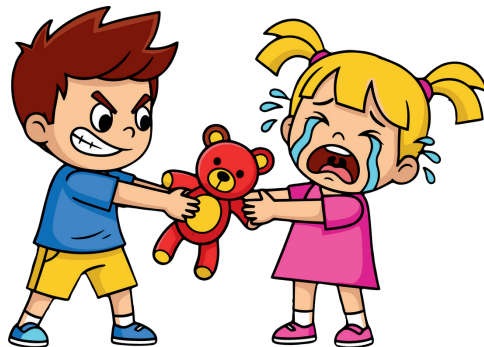


Shout loudly



Talk to mama and wait for iftar

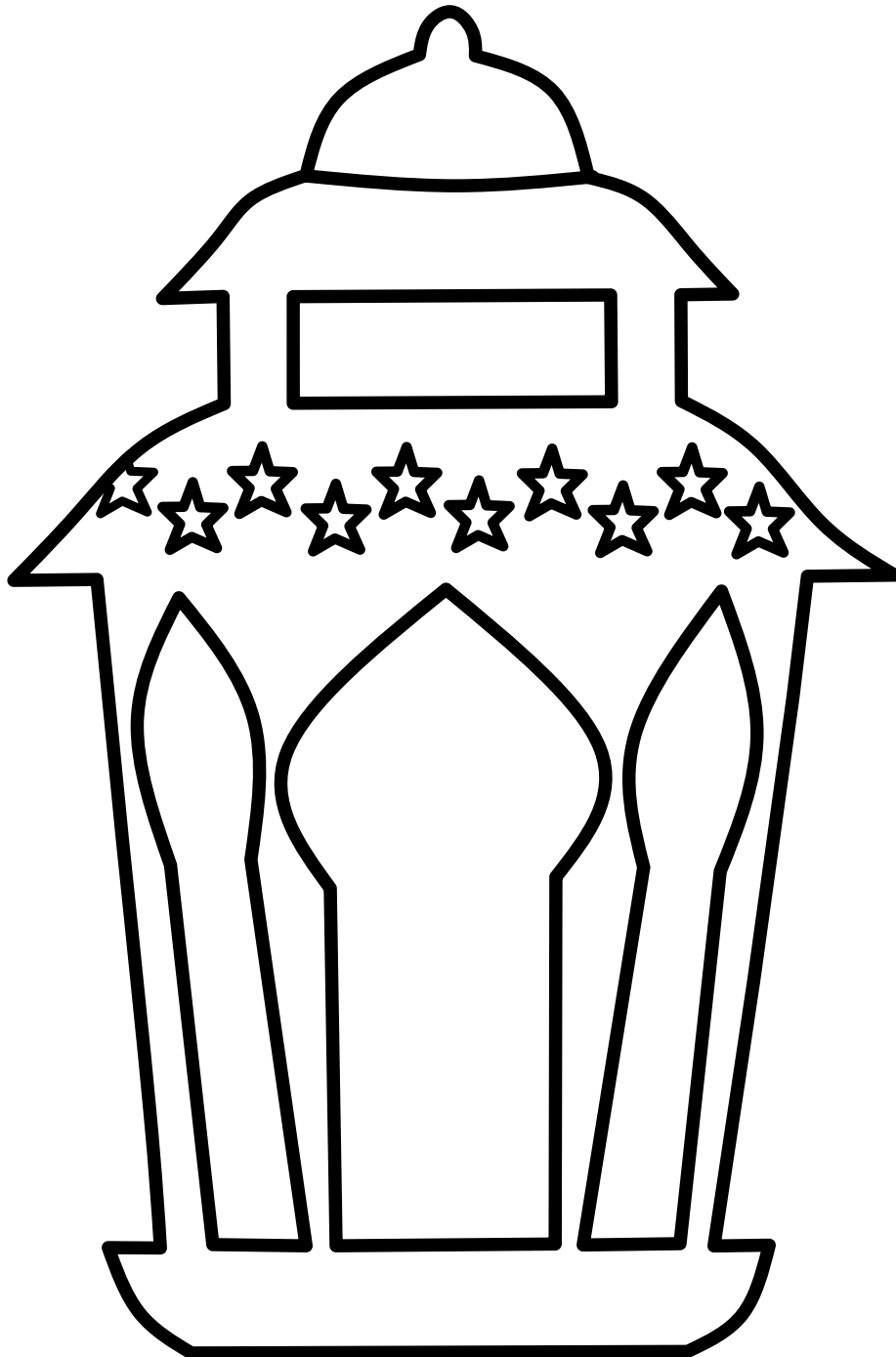
Talk about each picture and circle the ones that show kindness!

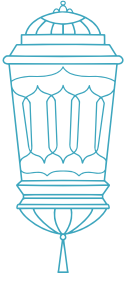


Ramadan Kareem Coloring



Draw your Ramadan lantern with
your own color palette below.

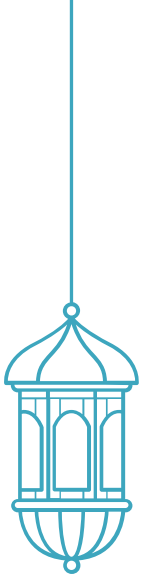




Ramadan Good Deeds Challenge

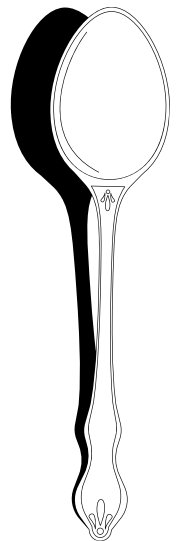
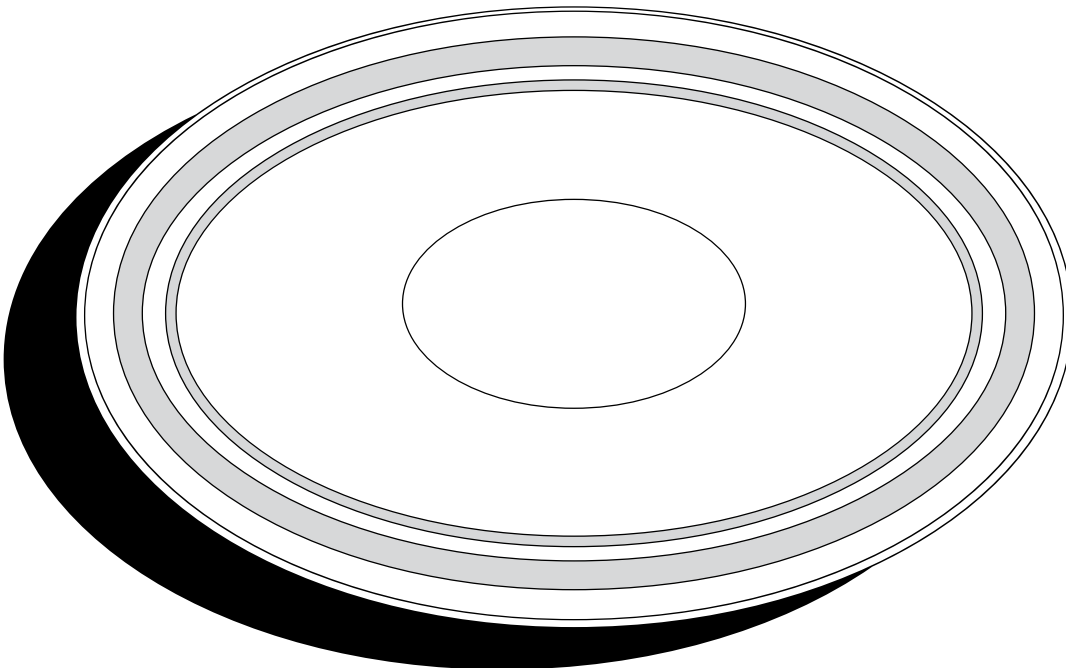
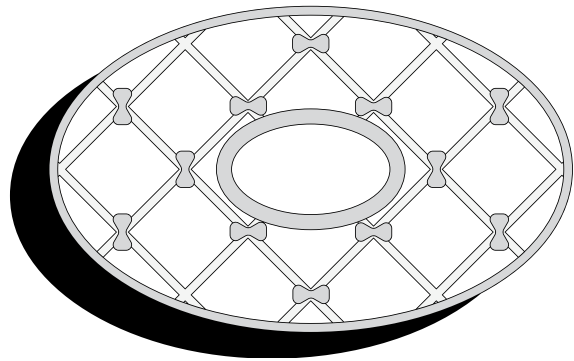
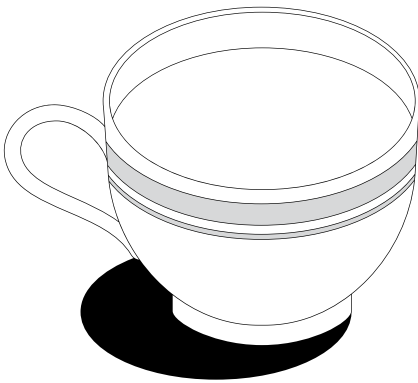
Color a heart when you do something kind. Fill out the poster before Ramadan's end.





Design Your Own Iftar Plate

Draw your iftar below.

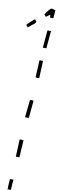




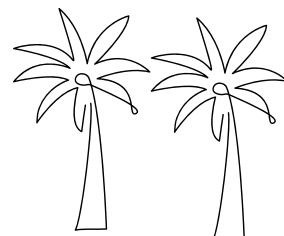
Ramadan Kareem Counting 1-10

Trace numbers, count, and color the items.

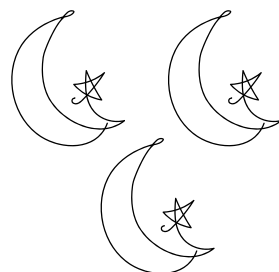
1



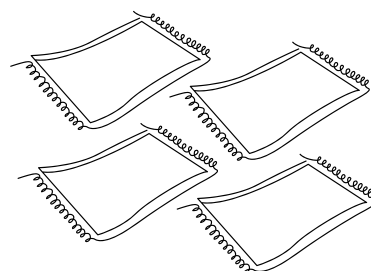
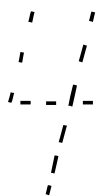
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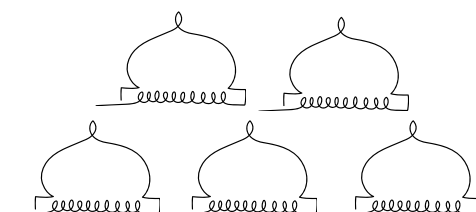
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4



5

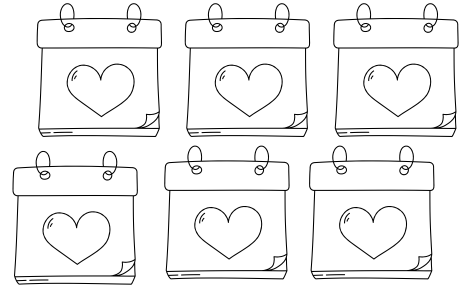




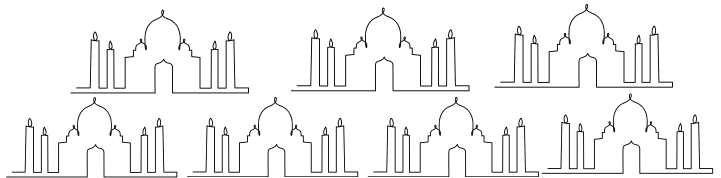
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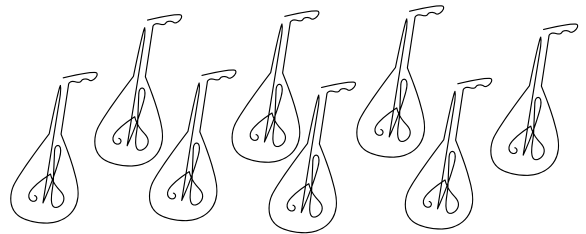
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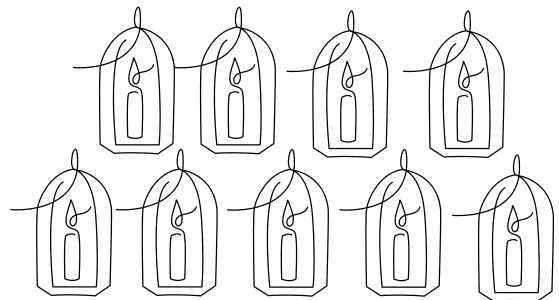
7



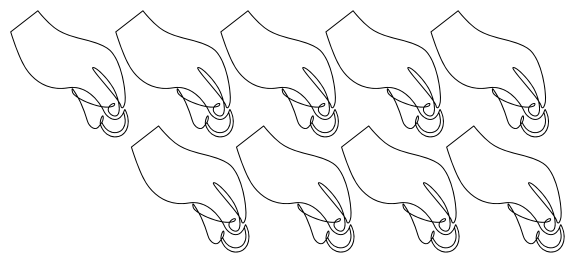
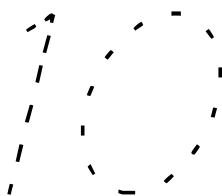
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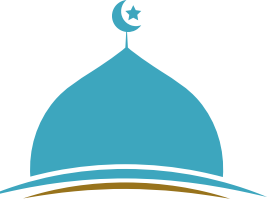


9



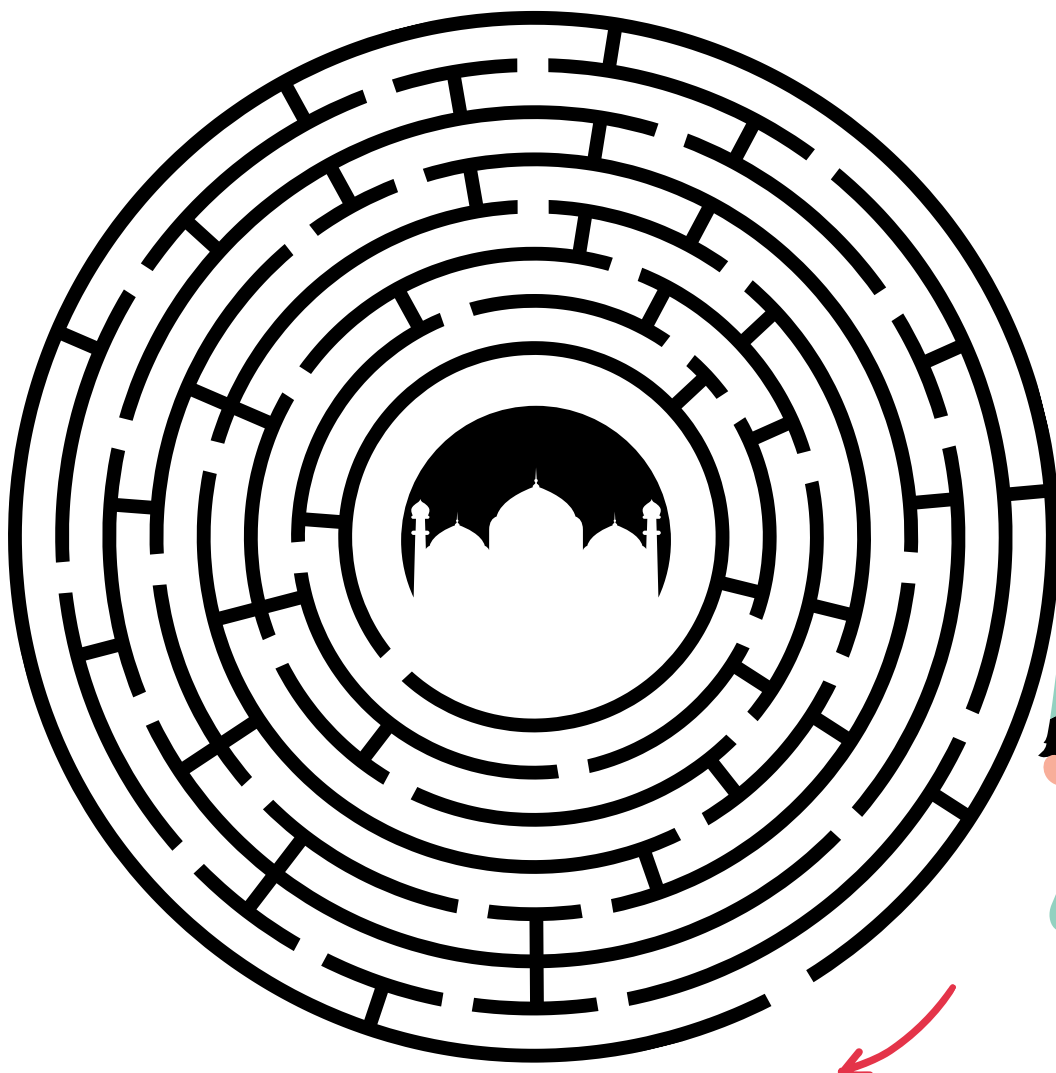
10





Ramadan Kareem Maze Puzzle

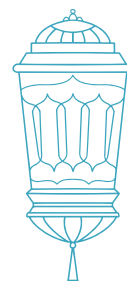
Help the boy find his way through the maze to reach the mosque for Iftar.



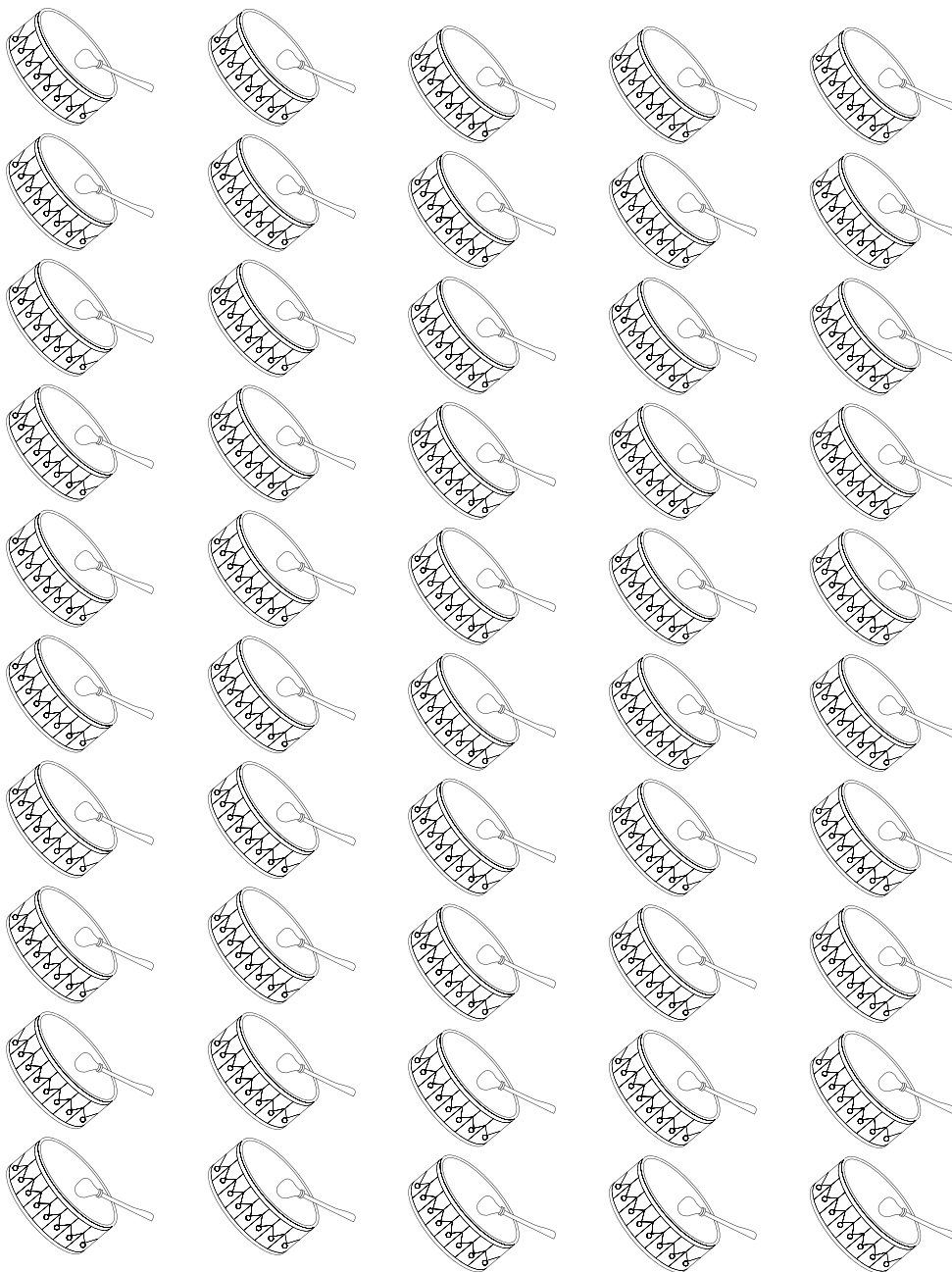
Start here



Ramadan Kareem Counting



Color the connect number of the Ramadan drums for each Ramadan Kareem's item.



8

5

9

6

3



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